Federal Labor Laws



The last thing that any business wants is to run afoul of **Federal Labor Laws**. Doing so can result in severe consequences, including fines, legal costs, back pay owed to employees, employee lawsuits, reputational damage, and sometimes even criminal prosecution. However, not every Federal Labor Law applies to every business. Learn your federal obligations based on how many people you employ.

FEDERAL LAW	ALL EMPLOYERS	11+	15+	20+	50+	100+
American Taxpayer Relief Act of 2012	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Consumer Credit Protection Act of 1968	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Employee Polygraph Protection Act of 1988	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Employee Retirement Income Security Act (ERISA) of 1974	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Equal Pay Act of 1963	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Fair and Accurate Credit Transac- tions Act (FACT) of 2003	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Fair Credit Reporting Act of 1969	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Fair Labor Standards Act of 1938	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Federal Insurance Contributions Act (FICA) of 1935 (Social Security)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Health Insurance Portability and Accountability Act (HIPAA) of 1996 ¹	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Immigration Reform and Control Act of 1986	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Immigration and Nationality Act (INA)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Lilly Ledbetter Fair Pay Act of 2007	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Mental Health and Addiction Equity Act of 2008 ²	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
National Labor Relations Act of 1947	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Newborns' and Mothers' Health Protection Act of 1996 ³	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Occupational Safety and Health Act (OSHA) of 1970	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark

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FOOTNOTES:

¹ If company offers benefits.

²⁻³ For group health insurance plans.

Federal Labor Laws, continued

FEDERAL LAW	ALL EMPLOYERS	11+	15+	20+	50+	100+
OSHA Hazard Communication Standard	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Sarbanes-Oxley Act of 2002	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Uniformed Services Employment and Reemployment Rights Act of 1994	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
OSHA Recordkeeping		\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Americans with Disabilities Act of 1990			\checkmark	\checkmark	\checkmark	\checkmark
Genetic Information Nondiscrimination Act (GINA) of 2008			\checkmark	\checkmark	\checkmark	\checkmark
Pregnancy Discrimination Act			\checkmark	\checkmark	\checkmark	\checkmark
Title VII of the Civil Rights Act of 1964			\checkmark	\checkmark	\checkmark	\checkmark
Age Discrimination in Employment Act of 1967				\checkmark	\checkmark	\checkmark
Consolidated Omnibus Benefits Reconciliation Act (COBRA) of 1986				\checkmark	\checkmark	\checkmark
EEO-1 Report filed annually					\checkmark	\checkmark
Family and Medical Leave Act of 1993					\checkmark	\checkmark
Patient Protection and Affordable Care Act (PPACA)					\checkmark	\checkmark
Worker Adjustment and Retraining Notification Act of 1988						\checkmark

FOOTNOTES:

³ For group health insurance plans.

Labor Laws for Organizations with Federal Contracts

If your organization has a **federal government contract** (even if you are a subcontractor working under that contract), there are specific legal requirements for you to follow that may be based on the type and dollar amount of the contract. Additionally, there are laws you must adhere to based on your total number of employees – this chart covers those laws.



It is incredibly important to make sure you are in compliance, because violating these laws gets you on the federal black list of vendors who can't be used for any government contract.

FEDERAL LAW	ALL CONTRACTORS	11+	15+	20+	50+	100+
Executive Order 11246 of 1965 (Affirmative Action)					\checkmark	\checkmark
Vietnam-Era Veterans Readjustment Assistance Act of 1974					\checkmark	\checkmark
Vocational Rehabilitation Act of 1973, Section 503					\checkmark	\checkmark
Contract Work Hours and Safety Standards Act (CWHSSA)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Copeland Act of 1934	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Davis Bacon Act of 1931	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Drug-Free Workplace Act of 1988	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Executive Order 13201	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
McNamara-O-Hara Service Contract Act (1965)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Walsh-Healy Act of 1936	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
War Hazards Compensation Act of 1942 ¹	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark

FOOTNOTES:

¹ Employees working overseas.

Is Your Business Hiring an Independent Contractor?

Ideally, you want to be able to check off all of the statements below to ensure your hire meets the requirements of an **independent contractor**.

That said, defining an "employee" isn't always straightforward because there is no one universal definition – this is where the art of lawyering and interpretation comes into play. This checklist is merely meant to serve as a guideline.



If you can say that every one of these things is absolutely true, you almost certainly have an independent contractor. However, you should still consult with an attorney on all the grey areas:

- Our management staff will not instruct the worker on when, where, and how to do their work.
- Our company will not provide the worker with training.
- The success/continuation of our business does not depend on the type of service the worker provides.
- Contracted services do not need to be personally completed by the worker.
- Our business will not specifically hire, pay, or supervise someone to help the worker in completing their contracted project.
- Work will not be done on company premises.
- There is no set routine or schedule the worker must follow to do their work.
- Our business has no post-project relationship with the worker.
- The worker is free to complete the project on their own schedule so long as they meet deadlines.
- The project does not require the individual to work full-time permanently.
- Our business does not require task updates.
- Our business will not pay the contractor by the month, week, or hour.
- There will be never be individual reimbursement for business or travel expenses.
- Our business will not be supplying materials or tools to complete the work.
- □ No work will be performed in a facility where our business has made substantial investments.
- The individual will receive no protection from any profit/loss based on their work.